# **Examples of Adaptive MCMC**

by

Gareth O. Roberts<sup>\*</sup> and Jeffrey S. Rosenthal<sup>\*\*</sup>

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**Abstract.** We investigate the use of adaptive MCMC algorithms to automatically tune the Markov chain parameters during a run. Examples include the Adaptive Metropolis (AM) multivariate algorithm of Haario et al. (2001), Metropolis-within-Gibbs algorithms for non-conjugate hierarchical models, regionally adjusted Metropolis algorithms, and logarithmic scalings. Computer simulations indicate that the algorithms perform very well compared to nonadaptive algorithms, even in high dimension.

#### 1. Introduction.

MCMC algorithms such as the Metropolis-Hastings algorithm (Metropolis et al., 1953; Hastings, 1970) are extremely widely used in statistical inference, to sample from complicated high-dimensional distributions. Tuning of associated parameters such as proposal variances is crucial to achieve efficient mixing, but can also be very difficult.

Adaptive MCMC algorithms attempt to deal with this problem by automatically "learning" better parameter values of Markov chain Monte Carlo algorithms while they run. In this paper, we consider a number of examples of such algorithms, including some in high dimensions. We shall see that adaptive MCMC can be very successful at finding good parameter values with little user intervention.

It is known that adaptive MCMC algorithms will not always preserve stationarity of  $\pi(\cdot)$ , see e.g. Rosenthal (2004) and Proposition 3 of Roberts and Rosenthal (2005). However, they will converge if the adaptions are done at regeneration times (Gilks et al., 1998; Brockwell and Kadane, 2005), or under various technical conditions about the adaption procedure (Haario et al., 2001; Atchadé and Rosenthal, 2005; Andrieu and Moulines, 2003; Andrieu and Atchadé, 2006). Many of these results also require that the adaptive parameters converge

<sup>&</sup>lt;sup>\*</sup>Department of Mathematics and Statistics, Fylde College, Lancaster University, Lancaster, LA1 4YF, England. Email: g.o.roberts@lancaster.ac.uk.

<sup>\*\*</sup>Department of Statistics, University of Toronto, Toronto, Ontario, Canada M5S 3G3. Email: jeff@math.toronto.edu. Web: http://probability.ca/jeff/ Supported in part by NSERC of Canada.

to fixed values sufficiently quickly, which runs the risk that they may converge to the "wrong" values.

Roberts and Rosenthal (2005) proved ergodicity of adaptive MCMC under conditions which we find simpler to apply, and which do not require that the adaptive parameters converge. To state their result precisely, suppose the algorithm updates  $X_n$  to  $X_{n+1}$  using the kernel  $P_{\Gamma_n}$ , where each fixed kernel  $P_{\gamma}$  has stationary distribution  $\pi(\cdot)$ , but where the  $\Gamma_n$  are random indices, chosen iteratively from some collection  $\mathcal{Y}$  based on past algorithm output. Write  $\|\cdots\|$  for total variation distance,  $\mathcal{X}$  for the state space, and  $M_{\epsilon}(x, \gamma) =$  $\inf\{n \geq 1 : \|P_{\gamma}^n(x, \cdot) - \pi(\cdot)\| \leq \epsilon\}$  for the convergence time of the kernel  $P_{\gamma}$  when beginning in state  $x \in \mathcal{X}$ . Then Theorem 13 of Roberts and Rosenthal (2005), combined slightly with their Corollaries 8 and 9 and Theorem 23 and with work of Yang (2006), guarantee that  $\lim_{n\to\infty} \|\mathcal{L}(X_n) - \pi(\cdot)\| = 0$  (asymptotic convergence), and also  $\lim_{n\to\infty} \frac{1}{n} \sum_{i=1}^n g(X_i) = \pi(g)$ for all  $g : \mathcal{X} \to \mathbf{R}$  with  $\pi |g| < \infty$  (WLLN), assuming only the Diminishing Adaptation condition

$$\lim_{n \to \infty} \sup_{x \in \mathcal{X}} \|P_{\Gamma_{n+1}}(x, \cdot) - P_{\Gamma_n}(x, \cdot)\| = 0 \quad \text{in probability}, \tag{1}$$

and the Bounded Convergence condition

$$\{M_{\epsilon}(X_n, \Gamma_n)\}_{n=0}^{\infty}$$
 is bounded in probability,  $\epsilon > 0$ . (2)

Furthermore, they prove that (2) is satisfied whenever  $\mathcal{X} \times \mathcal{Y}$  is finite, or is compact in some topology in which either the transition kernels  $P_{\gamma}$ , or the Metropolis-Hastings proposal kernels  $Q_{\gamma}$ , have jointly continuous densities. (Condition (1) can be ensured directly, by appropriate design of the adaptive algorithm.)

Such results provide a "hunting license" to look for useful adaptive MCMC algorithms. In this paper, we shall consider a variety of such algorithms. We shall see that they do indeed converge correctly, and often have significantly better mixing properties than comparable non-adaptive algorithms.

## 2. Adaptive Metropolis (AM).

In this section, we consider a version of the Adaptive Metropolis (AM) algorithm of Haario et al. (2001). We begin with a *d*-dimensional target distribution  $\pi(\cdot)$ . We perform a Metropolis algorithm with proposal distribution given at iteration n by  $Q_n(x, \cdot) = N(x, (0.1)^2 I_d / d)$ for  $n \leq 2d$ , while for n > 2d,

$$Q_n(x,\cdot) = (1-\beta) N(x, (2.38)^2 \Sigma_n / d) + \beta N(x, (0.1)^2 I_d / d), \qquad (3)$$

where  $\Sigma_n$  is the current empirical estimate of the covariance structure of the target distribution based on the run so far, and where  $\beta$  is a small positive constant (we take  $\beta = 0.05$ ).

It is known from Roberts et al. (1997) and Roberts and Rosenthal (2001) that the proposal  $N(x, (2.38)^2 \Sigma / d)$  is optimal in a particular large-dimensional context. Thus, the  $N(x, (2.38)^2 \Sigma_n / d)$  proposal is an effort to approximate this.

Having  $\beta > 0$  in (3) ensures that (2) is satisfied. Furthermore, since empirical estimates change at the  $n^{\text{th}}$  iteration by only O(1/n), it follows that (1) will also be satisfied. (Haario et al. instead let  $Q_n(x, \cdot) = N(x, \Sigma_n + \epsilon I_d)$  for small  $\epsilon$ , to force  $c_1 I_d \leq \Sigma_n \leq c_2 I_d$  for some  $c_1, c_2 > 0$ , which also ensures (1) and (2), but we prefer to avoid this.) Hence, this algorithm will indeed converge to  $\pi(\cdot)$  and satisfy the WLLN.

To test this algorithm, we let  $\pi(\cdot) = N(0, M M^t)$ , where M is a  $d \times d$  matrix generated randomly by letting  $\{M_{ij}\}_{i,j=1}^d$  be i.i.d.  $\sim N(0,1)$ . This ensures that the target covariance matrix  $\Sigma = M M^t$  will be highly erratic, so that sampling from  $\pi(\cdot)$  presents a significant challenge for sampling if the dimension is at all high.

The resulting trace plot of the first coordinate of the Markov chain is presented in Figure 1 for dimension d = 100, and in Figure 2 for dimension d = 200. In both cases, the Markov chain takes a long time to adaptive properly and settle down to good performance. In the early stages, the algorithm vastly underestimates the true stationary variance, thus illustrating the pitfalls of premature diagnoses of MCMC convergence. In the later stages, by contrast, the algorithm has "learned" how to sample from  $\pi(\cdot)$ , and does so much more successfully.

Another way of monitoring the success of this algorithm's adapting is as follows. Consider a multidimensional random-walk Metropolis algorithm with proposal covariance matrix  $(2.38)^2 \Sigma_p / d$ , acting on a normal target distribution with true covariance matrix  $\Sigma$ . Theorem 5 of Roberts and Rosenthal (2001) prove that it is optimal to take  $\Sigma_p = \Sigma$ , and for other  $\Sigma_p$  the mixing rate will be slower than this by a suboptimality factor of

$$b \equiv d \frac{\sum_{i=1}^{d} \lambda_i^{-2}}{(\sum_{i=1}^{d} \lambda_i^{-1})^2}$$

where  $\{\lambda_i\}$  are the eigenvalues of the matrix  $\Sigma_p^{1/2} \Sigma^{-1/2}$ . Usually we will have b > 1, and the closer b is to 1, the better.

So how does the AM algorithm perform by this measure? For the run in dimension 100, the value of this sub-optimality coefficient b begins at the huge value of 193.53, and then eventually decreases towards 1, reaching 1.086 after 500,000 iterations, and 1.024 after 1,000,000 iterations (Figure 3). In dimension 200, the value of b is even more erratic, starting around 183,000 and oscillating wildly before decreasing to about 1.04.



Figure 1. The first coordinate of the AM Markov chain in dimension 100, plotted against iteration number.



Figure 2. The first coordinate of the AM Markov chain in dimension 200, plotted against iteration number.



Figure 3. The suboptimality factor b for the AM algorithm in dimension 100, plotted against iteration number.

We conclude from this that the AM algorithm does indeed "learn" about the true target covariance matrix, and converge to an algorithm which samples very (almost optimally) efficiently from  $\pi(\cdot)$ . It is true that it takes many iterations for the algorithm to learn this information (nearly 400,000 iterations in dimension 100, and nearly 2,000,000 in dimension 200). On the other hand, what the algorithm is learning is a  $d \times d$  covariance matrix with many parameters (5,050 parameters in dimension 100, and 20,100 in dimension 200). We feel that this indicates very impressive performance of the AM algorithm in high dimensions.

#### 3. Adaptive Metropolis-Within-Gibbs.

Consider the following statistical model:

with priors N(0, 1) on  $\mu$ , and IG(1, 1) on A and V. Here  $\{Y_{ij}\}$  are observed data, IG(a, b) is the inverse gamma distribution with density proportional to  $e^{-b/x}x^{-(a+1)}$ , and Cauchy(m, s)is a translated and scaled Cauchy distribution with density proportional to [1 + ((x - b))]  $(m)/s)^2$ ]<sup>-1</sup>. This model gives rise to a posterior distribution  $\pi(\cdot)$  on the (K+3)-dimensional vector  $(A, V, \mu, \theta_1, \ldots, \theta_K)$ , conditional on the observed data  $\{Y_{ij}\}$ .

We take K = 500, and let the  $r_i$  vary between 5 and 500. The resulting model is too complicated for analytic computation, and far too high-dimensional for numerical integration. Furthermore, the presence of the Cauchy (as opposed to Normal) distribution destroys conjugacy, and thus makes a classical Gibbs sampler (as in Gelfand and Smith, 1990) infeasible. Instead, a Metropolis-within-Gibbs algorithm (Metropolis et al., 1953; Tierney, 1994) seems appropriate.

Such an algorithm might proceed as follows. We consider each of the 503 variables in turn. For each, we propose updating its value by adding a  $N(0, \sigma^2)$  increment. That proposal is then accepted or rejected according to the usual Metropolis ratio. This process is repeated many times, allowing the variables to hopefully converge in distribution to  $\pi(\cdot)$ . But how should  $\sigma^2$  be chosen? Should it be different for different variables? How can we feasibly determine appropriate scalings in such high dimension?

To answer these questions, an adaptive algorithm can be used. We proceed as follows. For each of the variables  $i \ [1 \le i \le K+3]$ , we create an associated variable  $ls_i$  giving the logarithm of the standard deviation to be used when proposing a normal increment to variable i. We begin with  $ls_i = 0$  for all i (corresponding to unit proposal variance). After the  $n^{\text{th}}$  "batch" of 50 iterations, we update each  $ls_i$  by adding or subtracting an adaption amount  $\delta(n)$ . The adapting attempts to make the acceptance rate of proposals for variable ias close as possible to 0.44 (which is optimal for one-dimensional proposals in certain settings, cf. Roberts et al., 1997; Roberts and Rosenthal, 2001). Specifically, we increase  $ls_i$  by  $\delta(n)$ if the fraction of acceptances of variable i was more than 0.44 on the  $n^{\text{th}}$  batch, or decrease  $ls_i$  by  $\delta(n)$  if it was less.

Condition (1) is satisfied provided  $\delta(n) \to 0$ ; we take  $\delta(n) = \min(0.01, n^{-1/2})$ . To ensure (2), we can specify a global maximal parameter value  $M < \infty$ , and restrict each  $ls_i$  to the interval [-M, M]. In practice, the  $ls_i$  stabilise nicely so this isn't actually needed.

To test this adaptive algorithm, we generate independent test date  $Y_{ij} \sim N(i-1, 10^2)$ , for  $1 \leq i \leq 500$  and  $1 \leq j \leq r_i$ . For such data, our simulations show that the scaling variables quickly settle down near "good" values. Indeed, for the location variables  $\theta_1$ ,  $\theta_2$ , and  $\theta_3$ , the corresponding *ls* variables converge to values near 2.4, 1.2, and 0.1, respectively (Figures 4, 5, 6). So the algorithm appears to be converging well.

Just how good are the values chosen? The following table presents the integrated autocorrelation times (ACT) and average squared jumping distances (after discarding the first fifth of the run as burn-in), for both the adaptive algorithm, and the corresponding "fixed"



Figure 4. The log proposal standard deviation  $ls_1$  corresponding to the Metropolis-within-Gibbs variable  $\theta_1$ , plotted against batch number.



Figure 5. The log proposal standard deviation  $ls_2$  corresponding to the Metropolis-within-Gibbs variable  $\theta_2$ , plotted against batch number.



Figure 6. The log proposal standard deviation  $ls_3$  corresponding to the Metropolis-within-Gibbs variable  $\theta_3$ , plotted against batch number.

algorithm where each  $ls_i$  is fixed at 0:

Variable	$r_i$	Algorithm	ACT	Avr Sq Dist
$\theta_1$	5	Adaptive	2.59	14.932
$ heta_1$	5	Fixed	31.69	0.863
$ heta_2$	50	Adaptive	2.72	1.508
$\theta_2$	50	Fixed	7.33	0.581
$ heta_3$	500	Adaptive	2.72	0.150
$ heta_3$	500	Fixed	2.67	0.147

This table shows that, when comparing adaptive to fixed algorithms, for variables  $\theta_1$ and  $\theta_2$ , the autocorrelation times are significantly smaller (better) and the average square jumping distances are significantly larger (better), Thus, adapting has significantly improved the MCMC algorithm, by automatically choosing appropriate proposal scalings separately for each coordinate. For variable  $\theta_3$  the performance of the two algorithms is virtually identical, which is not surprising since (Figure 6) the optimal log proposal standard deviation happens to be very close to 0 in that case.

In summary, this adaptive algorithm appears to correctly scale the proposal standard deviations, leading to a Metropolis-within-Gibbs algorithm which mixes much faster than a naive one with unit proposal scalings. Coordinates are improved wherever possible, and are left about the same when they happen to already be optimal. This works even in high dimensions, and does not require any direct user intervention or high-dimensional insight.

**Remark.** A different component-wise adaptive scaling method, the Single Component Adaptive Metropolis (SCAM) algorithm, is presented in Haario et al. (2005). That algorithm, which resembles the Adaptive Metropolis algorithm of Haario et al. (2001), is very interesting and promising, but differs significantly from ours since the SCAM adapting is done based on the empirical variance of each component based on the run so far.

#### 4. State-Dependent Scalings.

We next consider examples of full-dimensional Metropolis-Hastings algorithms, where the proposal distribution is given by  $Q(x, \cdot) = N(x, \sigma_x^2)$ , i.e. such that the proposal variance depends on the current state  $x \in \mathcal{X}$ . For such an algorithm, according to the usual Metropolis-Hastings formula (Hastings, 1970), a proposal from x to y is accepted with probability

$$\alpha(x,y) = \min\left[1, \ \frac{\pi(y)}{\pi(x)} \ (\sigma_x/\sigma_y)^d \ \exp\left(-\frac{1}{2}(x-y)^2(\sigma_y^{-2}-\sigma_x^{-2})\right)\right]. \tag{4}$$

As a first case, we let  $\mathcal{X} = \mathbf{R}$ , and  $\pi(\cdot) = N(0, 1)$ . We consider proposal kernels of the form

$$Q_{a,b}(x,\cdot) = N\left(x, \ e^a\left(\frac{1+|x|}{\exp(\hat{\pi})}\right)^b\right),$$

where  $\hat{\pi}$  is our current empirical estimate of  $\pi(g)$  where  $g(x) = \log(1 + |x|)$ . (We divide by  $\exp(\hat{\pi})$  to make the choices of a and b "orthogonal" in some sense.) After the  $n^{\text{th}}$  batch of 100 iterations, we update a by adding or subtracting  $\delta(n)$  in an effort to, again, make the acceptance rate as close as possible to 0.44. We also add or subtract  $\delta(n)$  to b to make the acceptance rate in the regions  $\{x \in \mathcal{X} : \log(1 + |x|) > \hat{\pi}\}$  and  $\{x \in \mathcal{X} : \log(1 + |x|) \leq \hat{\pi}\}$  as equal as possible. We also again restrict a and b to [-M, M] for some global parameter  $M < \infty$ . As before, if  $\delta(n) \to 0$  and  $M < \infty$ , then conditions (1) and (2) are satisfied, so we must have  $\|\mathcal{L}(X_n) - \pi(\cdot)\| \to 0$ .

So how does this algorithm perform in practice? Empirical expected values quickly converge to their true values, showing excellent mixing. Furthermore, the tuning parameters a and b quickly find their "good" values (Figures 7 and 8), though they do continue to oscillate due to the extremely slow rate at which  $\delta(n) \to 0$ .

To determine how well the adaptive algorithm is performing, we compare its integrated autocorrelation time and average squared jumping distance to corresponding non-adaptive



Figure 7. The tuning parameter a in Example #1, plotted against batch number, showing quick approach to "good" values near 1.5.



Figure 8. The tuning parameter b, in Example #1, plotted against batch number, showing quick approach to "good" values near 1.6, but with significant oscillation.

ł	algorithms,	having	either	fixed co	nstant	variance	$\sigma^2$	(including	the optimal	$\operatorname{constant}$	value,
1	$(2.38)^2$ ), an	nd to the	e corres	sponding	g variał	ole-varian	ce a	lgorithm.	The results	are as foll	ows:

Algorithm	Acceptance Rate	ACT	Avr Sq Dist
Adaptive (as above)	0.456	2.63	0.769
$\sigma^2 = \exp(-5)$	0.973	49.92	0.006
$\sigma^2 = \exp(-1)$	0.813	8.95	0.234
$\sigma^2 = 1$	0.704	4.67	0.450
$\sigma^2 = (2.38)^2$	0.445	2.68	0.748
$\sigma^2 = \exp(5)$	0.237	7.22	0.305
$\sigma_x^2 = e^{1.5} \left( \frac{1+ x }{0.534822} \right)^{1.6}$	0.456	2.58	0.778

We see that our adaptive scheme is much better than arbitrarily-chosen fixed-variance algorithms, slightly better than the optimally-chosen fixed-variance algorithm (5<sup>th</sup> line), and nearly as good as an ideally-chosen variable- $\sigma^2$  scheme (bottom line). This is quite impressive, since we didn't do any manual tuning of our algorithm at all other than telling the computer to seek a 0.44 acceptance rate.

While these functional forms of  $\sigma_x^2$  seem promising, it is not clear how to generalise them to higher dimensional problems. Instead, we next consider a different algorithm in which the  $\sigma_x^2$  are piecewise constant over various regions of the state space.

# 5. Regional Adaptive Metropolis Algorithm (RAMA).

The Regional Adaptive Metropolis Algorithm (RAMA) begins by partitioning the state space  $\mathcal{X}$  into a finite number of disjoint regions:  $\mathcal{X} = \mathcal{X}_1 \stackrel{\bullet}{\cup} \dots \stackrel{\bullet}{\cup} \mathcal{X}_m$ . The algorithm then proceeds by running a Metropolis algorithm with proposal  $Q(x, \cdot) = N(x, \exp(2a_i))$  whenever  $x \in \mathcal{X}_i$ . Thus, if  $x \in \mathcal{X}_i$  and  $y \in \mathcal{X}_j$ , then  $\sigma_x^2 = e^{2a_i}$  and  $\sigma_y^2 = e^{2a_j}$ , and it follows from (4) that a proposal from x to y is accepted with probability

$$\alpha(x,y) = \min\left[1, \frac{\pi(y)}{\pi(x)} \exp\left(d(a_i - a_j) - \frac{1}{2}(x - y)^2 [\exp(-2a_j) - \exp(-2a_i)]\right)\right]$$

The adaptions proceed as follows, in an effort to make the acceptance probability close to 0.234 in each region. (Such an acceptance rate is optimal in certain high-dimensional settings; see Roberts et al., 1997; Roberts and Rosenthal, 1998, 2001; Bédard, 2006a, 2006b.) For  $1 \leq i \leq d$ , the parameter  $a_1$  is updated by, after the  $n^{\text{th}}$  batch of 100 iterations, considering the fraction of acceptances of those proposals which originated from  $\mathcal{X}_i$ . If that fraction is less than 0.234 then  $a_i$  is decreased by  $\delta(n)$ , while if it is more than  $a_i$  is increased by  $\delta(n)$ . Then, if  $a_i > M$  we set  $a_i = M$ , while if  $a_i < -M$  we set  $a_i = -M$ . Finally, if there were no



Figure 9. The tuning parameter a in the Normal RAMA example, plotted against batch number.

proposals from  $\mathcal{X}_i$  during the entire batch, then  $a_i$  is left unchanged. Provided that  $M < \infty$ and  $\delta(n) \to 0$ , conditions (1) and (2) will again be satisfied, so the RAMA algorithm will always converge asymptotically to  $\pi(\cdot)$  and satisfy the WLLN.

For a first example, we let  $\mathcal{X} = \mathbf{R}^d$ , and  $\pi(\cdot) = N(0, I_d)$ . We consider proposal kernels of the form

$$Q_{a,b}(x,\cdot) = N\left(x, \ e^{2a} \,\mathbf{1}_{\|x\|^2 \le d} + e^{2b} \,\mathbf{1}_{\|x\|^2 > d}\right).$$

Once every 100 iterations, we update a by adding or subtracting  $\delta(n)$  to make the acceptance rate in the region  $\{||x||^2 \leq d\}$  as close as possible to 0.234. We also add or subtract  $\delta(n)$  to bto make the acceptance rate in the region  $\{||x|| > d\}$  as close as possible to 0.234. We again restrict a and b to some [-M, M]. (We take  $\delta(n) = \min(0.01, n^{-1/2}) \equiv 0.01$  and M = 100.) We choose dimension d = 10, and begin with a = b = 0.

How well does it work? The tuning parameters a and b quickly migrate towards their "good" values of -0.3 and -0.13, respectively, but they continue to oscillate somewhat around these values (Figures 9 and 10).

How good are the values of a and b found by the computer? The following table gives comparisons of the integrated autocorrelation time and average squared jumping distance for various choices of a and b:



Figure 10. The tuning parameter b in the Normal RAMA example, plotted against batch number.

a, b	ACT	Avr Sq Dist
adaptive (as above)	15.54	0.1246
-0.3, -0.13	15.07	0.1258
-0.3, 0.0	15.44	0.1213
0.0, -0.13	17.04	0.1118
$0.0, \ 0.0$	17.037	0.1100
-0.3, -0.3	16.01	0.1215

The table indicates that the adaptive algorithm (top line) is quite competitive with the corresponding fixed-parameter choice (second line), which in turn has smaller integrated autocorrelation time, and larger average square jumping distance, than any of the other choices of a and b. This indicates that the computer has again succeeded in finding good values for the tuning parameters.

Next, we consider the following statistical model related to James-Stein estimators, as studied in e.g. Rosenthal (1996):



Figure 11. The tuning parameter a in the James-Stein RAMA example, plotted against batch number.

Here the  $\{Y_i\}$  are observed data. We use the prior distributions  $\mu \sim N(\mu_0, \sigma_0^2)$  and  $A \sim IG(a_1, b_1)$ , and replace V by its (fixed) empirical Bayes estimate. We let  $\pi(\cdot)$  be the resulting posterior distribution for  $(A, \mu, \theta_1, \ldots, \theta_K)$ , on the (K + 2)-dimensional state space  $\mathcal{X} = [0, \infty) \times \mathbf{R}^{K+1}$ . The density of  $\pi(\cdot)$ , with respect to Lebesgue measure, is then given by

$$f(A, \mu, \theta_1, \dots, \theta_K) = N(\mu_0, \sigma_0^2; \mu) IG(a_1, b_1; A) \times \prod_{i=1}^K \left[ N(\mu, A; \theta_i) N(\theta_i, V; Y_i) \right]$$
  

$$\propto \exp(-(\mu - \mu_0)^2 / 2\sigma_0^2) \exp(-b_1 / A) / A^{a_1 + 1} \times$$
  

$$\times \prod_{i=1}^K \left[ A^{-1/2} \exp(-(\theta_i - \mu)^2 / 2A) V^{-1/2} \exp(-(Y_i - \theta_i)^2 / 2V) \right].$$

For a numerical example, we let K = 18, and let  $Y_1, \ldots, Y_{18}$  be the (real) baseball data of Table 1 of Morris (1983) (see also Efron and Morris, 1975). Thus,  $\mathcal{X} \subseteq \mathbf{R}^{20}$ . We choose the prior parameters as  $\mu_0 = 0$ ,  $\sigma_0^2 = 1$ ,  $a_1 = -1$ , and  $b_1 = 2$ .

We again perform the RAMA algorithm. Specifically, after the  $n^{\text{th}}$  batch of 100 iterations, we update a by adding or subtracting  $\delta(n)$  to make the acceptance rate in the region  $\{\sum_{i}(\theta_{1} - \mu_{0})^{2} \leq 0.15\}$  as close as possible to 0.234. We also add or subtract  $\delta(n)$  to b to make the acceptance rate in the region  $\{\sum_{i}(\theta_{1} - \mu_{0})^{2} > 0.15\}$  as close as possible to 0.234.



Figure 12. The tuning parameter b in the James-Stein RAMA example, plotted against batch number.

The simulations again show good mixing, and rapid convergence of functional averages to their true posterior means. Furthermore, the adaptive parameters a and b quickly settle down to near -3.3 and -3.2 respectively (Figures 11, 12).

How good are the values of the tuning parameters chosen? We again compare intergrated autocorrelation times and average square jumping distances, as follows (acceptance rates are also shown):

a, b	Acc Rate	ACT	Avr Sq Dist $\times 10^4$
adaptive (as above)	0.228	31.60	2.756
-3.3, -3.2	0.194	25.75	2.793
-2.3, -2.3	0.003	50.67	0.192
-4.3, -4.3	0.655	38.92	1.168
-3.3, -4.3	0.647	36.91	1.153
-4.3, -3.3	0.281	38.04	2.407
-0.6, -0.6	$2.5 \times 10^{-5}$	53.97	0.010

We again see that the adaptive algorithm (top line) is quite competitive with the corresponding fixed-parameter choice (second line), which in turn is better than any of the other choices of a and b. This shows that, once again, the adaptive algorithm has automatically chosen good values of the MCMC tuning parameters, without requiring user intervention.

#### Remarks.

- 1. In our simulations, the condition  $M < \infty$  has never been necessary, since RAMA has never tried to push any of the  $\{a_j\}$  towards unbounded values. Indeed, we conjecture that under appropriate regularity assumptions (e.g. if the densities are jointly continuous), condition (2) will be satisfied automatically due to drifting of the parameters  $a_i$ back to reasonable values due to the adaptive process (cf. Roberts and Rosenthal, 2005, Corollary 14).
- 2. If some value  $a_j$  is much too large, then  $\alpha(x, y)$  may be very small for all  $y \in \mathcal{X}_j$  and  $x \notin \mathcal{X}_j$ . This means that the region  $\mathcal{X}_j$  may virtually never be entered, so that  $a_j$  will remain virtually constant, leading to isolation of  $\mathcal{X}_j$  and thus very poor convergence. Hence, it is important with RAMA to begin with sufficiently small values of the  $\{a_i\}$ . Alternatively, it might be wise to decrease each  $a_i$  slightly (rather than leaving it unchanged) after each batch in which there were no proposals from  $\mathcal{X}_i$ .
- 3. The version of RAMA presented here requires that the user specify the regions  $\{\mathcal{X}_i\}_{i=1}^m$  by hand. However, it may also be possible to have the computer automatically select appropriate regions, by e.g. doing a preliminary run with fixed proposal variance, and then grouping together state space subsets which appear to have similar acceptance rates.
- 4. One can ask whether the results of Roberts et al. (1997) carry over to RAMA, and whether equal acceptance rates on different regions (as sought by RAMA) truly leads to optimality. We believe this to be true quite generally, but can only prove it for very specific settings (e.g. birth-death processes). The method of proof of Roberts et al. (see also Bédard, 2006a, 2006b) appears to carry over away from the region boundaries, but the behaviour at the region boundaries is more complicated.
- 5. If we set  $\delta(n)$  to a constant, as opposed to having  $\delta(n) \to 0$ , then condition 1 might fail, so the chain might not converge to  $\pi(\cdot)$ . On the other hand, the chain together with the parameter values  $\{a_j\}$  is jointly Markovian, and under appropriate scaling may have its own joint diffusion limit. It would be interesting (Stewart, 2006) to study that diffusion limit, to e.g. see how much asymptotic error results from failing to satisfy (1).

#### 6. To Log or Not To Log.

Suppose  $\pi$  is the density function for a real-valued random variable W. Then if  $\pi$  is heavy-tailed, then it may be advantageous to take logarithms, i.e. to instead consider the density function for  $\widetilde{W} \equiv \log W$ . This leads to the question, when is it advantageous to consider  $\widetilde{W}$  in place of W? Once again, adaptive algorithms can provide insights into this

question.

To avoid problems of negative or near-negative values, we modify the logarithm function and instead consider the function

$$\ell(w) \equiv \operatorname{sgn}(w) \, \log(1 + |w|) \,,$$

where  $\operatorname{sgn}(w) = 1$  for w > 0, and  $\operatorname{sgn}(w) = -1$  for w < 0. The function  $\ell$  is an increasing, continuously differentiable mapping from **R** onto **R**, with inverse  $\ell^{-1}(w) = \operatorname{sgn}(w) (e^{|w|} - 1)$ , and graph as follows:



Figure 13. Graph of the modified log function  $\ell$ .

If  $\pi$  is the density for W, and  $\widetilde{W} = \log(W)$ , then taking Jacobians shows that the density for  $\widetilde{W}$  is given by  $\tilde{\pi}(w) = e^{|w|} \pi(e^{|w|} - 1)$ .

A result of Mengersen and Tweedie (1996) says, essentially, that a random-walk Metropolis (RWM) algorithm for a density  $\pi$  will be geometrically ergodic if and only if  $\pi$  has exponential or sub-exponential tails, i.e. satisfies

$$\log \pi(x) - \log \pi(y) \ge \alpha(y - x), \qquad y > x \ge x_1 \tag{5}$$

for some  $x_1 > 0$  and  $\alpha > 0$  (and similarly for  $y < x \leq -x_1$ ). (A similar result holds in multidimensions, cf. Roberts and Tweedie, 1996.) But if  $\pi$  on **R** satisfies (5), then so does  $\tilde{\pi}$ , since if  $y > x \geq -\log(\alpha) + \beta \geq x_1 > 0$ , then

$$\log \tilde{\pi}(x) - \log \tilde{\pi}(y) = (x - y) + \log \pi (e^x - 1) - \log \pi (e^y - 1)$$

$$\geq (x - y) + \alpha((e^{y} - 1) - (e^{x} - 1)) = -(y - x) + \alpha e^{x}(e^{y - x} - 1)$$
  
$$\geq -(y - x) + \alpha e^{x}(y - x) = (y - x)(\alpha e^{x} - 1) \geq (y - x)(e^{\beta} - 1).$$

Hence, (5) is satisfied for  $\tilde{\pi}$  with  $\tilde{\alpha} = e^{\beta} - 1$ . In fact, by making  $\beta$  arbitrarily large, we can make  $\tilde{\alpha}$  as large as we like, showing that the tails of  $\tilde{\pi}$  are in fact sub-exponential.

This suggests that, at least as far as geometric ergodicity is concerned, it is essentially always better to work with  $\tilde{\pi}$  than with  $\pi$ . As a specific example, if  $\pi$  is the standard Cauchy distribution, then RWM on  $\pi$  is *not* geometrically ergodic, but RWM on  $\tilde{\pi}$  is.

Despite this evidence in favour of log transforms for RWM, it is not clear that taking logarithms (or applying  $\ell$ ) necessarily helps with the *quantitative* convergence of RWM. To investigate this, we use an adaptive algorithm.

Specifically, given  $\pi$ , we consider two different algorithms: one a RWM on  $\pi$ , and the other a RWM on  $\tilde{\pi}$ , each using proposal distributions of the form  $Q(x, \cdot) = N(x, \sigma^2)$ . After the  $n^{\text{th}}$  batch of 100 iterations, we allow each version to adapt its own scaling parameter  $\sigma$  by adding or subtracting  $\delta(n)$  to  $\log(\sigma)$ , in an effort to achieve acceptance rate near 0.44 for each version. Then, once every 100 batches, we consider whether to switch versions (i.e., to apply  $\ell$  if we currently haven't, or to undo  $\ell$  if we currently have), based on whether the current average square jumping distance is smaller than that from the last time we used the other version. (We force the switch to the other version if it fails 100 times in succession, to avoid getting stuck forever with just one version.)

How does this adaptive algorithm work in practice? In the following table we considered three different one-dimensional symmetric target distributions: a standard Normal, a standard Cauchy, and a Uniform[-100, 100]. For each target, we report the percentage of the time that the adaptive algorithm spent on the logged density  $\tilde{\pi}$  (as opposed to the regular density  $\pi$ ). We also report the mean value of the log proposal standard deviation for both the regular and the logged RWM versions.

Target	$\log \%$	$ls_{\rm reg}$	$ls_{\log}$
Normal	3.62%	2.52	2.08
Cauchy	99.0%	3.49	2.66
Uniform	4.95%	6.66	2.65

We see from this table that, for the Normal and Uniform distributions, the adaptive algorithm saw no particular advantage to taking logarithms, and indeed stayed in the regular (unlogged)  $\pi$  version the vast majority of the time. On the other hand, for the Cauchy target, the algorithm uses the logged  $\tilde{\pi}$  essentially as much as possible. This shows that this adaptive algorithm is able to distinguish between when taking logs is helpful (e.g. for the heavy-tailed Cauchy target), and when it is not (e.g. for the light-tailed Normal and Uniform targets).

For multidimensional target distributions, it is possible to take logs (or apply the function  $\ell$ ) separately to each coordinate. Since lighter tails are still advantageous in multidimensional settings (Roberts and Tweedie, 1996), it seems likely to be advantageous to apply  $\ell$  to precisely those coordinates which correspond to heavy tails in the target distribution. In high dimensions, this cannot feasibly be done by hand, but an adaptive algorithm could still do it automatically. Such multidimensional versions of this adaptive logarithm algorithm appear worthy of further investigation.

# 7. Conclusion.

This paper has considered automated tuning of MCMC algorithms, especially Metropolis-Hastings algorithms, with quite positive results.

For example, for Metropolis-within-Gibbs algorithms, our simulations indicate that: (1) The choice of proposal variance  $\sigma^2$  is crucial to the success of the algorithm. (2) Good values of  $\sigma^2$  can vary greatly from one coordinate to the next. (3) There are far too many coordinates to be able to select good values of  $\sigma^2$  for each coordinate by hand. (4) Adaptive methods can be used to get the computer to find good values of  $\sigma^2$  automatically. (5) If done carefully, the adaptive methods can be provably ergodic, and quite effective in practice, thus allowing for good tuning and rapid convergence of MCMC algorithms that would otherwise be impractical.

Similar observations apply to the Adaptive Metropolis algorithm, the issue of applying logarithms to target distributions, etc.

Overall, we feel that these results indicate the widespread applicability of adaptive MCMC algorithms to many different MCMC settings, including complicated high-dimensional distributions. We hope that this paper will inspire users of MCMC to experiment with adaptive algorithms in their future applications. As a start, all of the software used to run the algorithms described herein is freely available at probability.ca/adapt.

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